

FEED NORTHLAND KIDS PROJECT

In order to provide a complete bag of food with a balanced nutrition profile to each family, we ask that you bring donations of the following items. This is a list of what is included in each bag, and you do not need to purchase each item: one or multiples of various items are accepted and will be sorted by volunteers to complete bags.

Donation drop-offs are at Platte Woods UMC at the southeast entrance (lower level) at designated times only. Please see the website at plattewoodschurch.org/help for an up-to-date list of drop-off times.

- 1 jar of peanut butter
- 1 jar of jelly
- 1 loaf of bread
- 2 cans of soup
- 1 can of cream of (something) soup
- 1 can of tuna
- 1 can of chicken
- 1 box/bag of instant rice
- 1 16 oz can of diced seasoned tomatoes
- 1 box of granola bars (6 count)
- 1 box of oatmeal (6 count or canister)
- 2 cans of veggies
- 2 cans of fruit (or 4-pack of fruit)
- 1 full size bottle of fruit juice
- 1 can or plastic jar of pasta sauce
- 1 lb of pasta
- 1 lb of noodles for tuna casserole
- 1 box of mac and cheese
- 1 container of shelf stable milk – ideally cow's milk, not almond milk or silk